Mountain Weather Forecast

Northwest Highlands

Including Sutherland, Ben Wyvis, Wester Ross, The Cuillin, Glen Affric, Glen Shiel and Knoydart
Forecast valid from 06:00 on Sunday 08 May 2022 until 23:59 on Monday 09 May 2022

Forecast Issued on Sunday 08 May 2022 at 03:02 by Met Office Aberdeen

Confidence: Remaining settled on Sunday but some wet and windy weather for later on Monday, timing of the rainfall on Monday is a little uncertain and becoming quite windy over the mid week period as well as showery from Tuesday. Medium confidence for it turning colder from the middle of the week too.

Headline for Sunday 08 May 2022: Settled with some dry and bright conditions, increasing cloud later. Strong winds.

Mountain weather hazards on Sunday 08 May 2022

Blizzards
No Likelihood

Heavy persistent snow
No Likelihood

Storm force winds
No Likelihood

Gales
No Likelihood

Severe chill effect
Low Likelihood

Poor visibility
No Likelihood

Thunderstorms
No Likelihood

Heavy persistent rain
No Likelihood

Strong sunlight
Low Likelihood

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
Cloudy	Sunny intervals	Sunny intervals	Sunny intervals	Cloudy	Dull
Precipitation probability					
10%	<05%	<05%	20%	10%	20%

Forecast for Sunday 08 May 2022

Weather: Some early mist is possible and some light rain for the far north but this will clear in the morning to leave a dry day with some bright or sunny spells. Cloud will build later in the day from the west and winds strengthening as a frontal system pushes into western Scotland. Remaining dry and cloudy through the evening although the Cuillin may see a few spots of rain later.

Chance of cloud-free hill tops above 800m: 80% increasing to nearly 100%, some patchy low cloud at the start of the day especially for more northern hills.

Low cloud and visibility: Patchy cloud above 700m is possible at the start of the day in the north, just shrouding hill tops initially. This will clear to leave cloud bases much higher for the rest for the day with good visibility which may turn a little hazy at times.

Check our weather forecast every day to get the most accurate and up to date information
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Met Office Mountain Weather Forecast

Forecast for Sunday 08 May 2022

Height (m)	Wind Speed mean/gusts (mph) Wind Direction (blowing from)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	30/35 S	28/34 S	26/33 SW	24/32 SW	24/31 S	30/37 S	30/38 S
900	27/32 S	25/32 S	26/33 SW	24/31 SW	23/30 S	27/34 S	28/35 S
600	15/20 S	21/27 S	21/28 SW	20/28 SW	18/25 S	17/24 S	19/27 S
300	1/15 S	5/23 S	10/27 SW	10/26 SW	7/22 S	4/22 S	4/24 S
Glen	3/12 SE	9/20 S	13/24 SW	13/23 SW	9/20 S	8/21 S	9/21 S

Height (m)	Temperature / Feels Like (°C)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	5/-1	6/-0	8/2	8/3	8/3	6/1	6/0
900	6/0	6/1	8/4	8/4	8/4	7/2	6/1
600	8/4	9/5	11/7	11/8	11/8	10/6	9/5
300	10/9	12/11	15/13	15/13	14/13	12/11	11/10
Glen	12/11	15/13	17/14	17/14	16/14	14/13	13/11
Freezing Level*	1700m	1800m	1900m	1900m	2000m	2000m	2100m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View

Overall a good outlook for walking for all ranges, breezier on the tops later in the day and still feeling a little cool around dawn and dusk.

Forecast for Monday 09 May 2022

Weather: Light rain spreading across western ranges overnight, the rain will soon spread southeast by dawn. Rain will be quite persistent throughout the day with a few heavier spells, accompanied by strong winds it will be quite an unpleasant day out walking, some reasonable accumulations are expected and although it has been dry watercourses may fill quite quickly. Rain is expected to turn more showery by the evening with eastern ranges becoming drier.

Maximum wind: Southerly 25-30 gust 35-40mph becoming southwesterly in the afternoon.

Chance of cloud-free hill tops above 800m: 30%, a lot of low cloud gathering, especially in the west and around Skye associated with the rainband.

Low cloud and visibility: Broken low cloud above 4-500m for western ranges but becoming more scattered or patchy in the east and north and lifting to 600m and above. Visibility will be moderate or poor in rain in the west but perhaps a little better for the Caithness and Sutherland hills.

Temperature: **Glens:** Plus 9 rising to 14 Celsius.
At 800m: Plus 6 Celsius
Freezing level: Above all summits.

Thursday	Westerly winds easing a little but still some showers. A chillier feel with freezing level around 1000-1200m.

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